

ST. MARY MACKILLOP PRIMARY SCHOOL

152 Odessa Avenue. Keilor Downs, Vic 3038

www.mmkeilordowns.catholic.edu.au

T: 03 9367 6199



PRINCIPAL'S MESSAGE

Dear Community,

I am proud to report, as we enter the fourth week of our school year, that the children have settled really well. I appreciate their genuine enthusiasm and willingness to engage in their learning and to engage with each other.

Our school lives by four values that inspire us in our relationships with each other:

- **Respectful**
- **Responsible**
- **Resourceful**, and
- **Safe.**

These values are the cornerstone of **our School Wide Positive Behaviour Support (SWPBS) Framework.**

I attach a copy of this SWPBS Framework below. The Framework provides explicit and clear guidance to all children in regards to SMMPS expectations for behaviour.

We also look to St. Mary MacKillop, our patron, who inspires us with her faith and positivity. Our children come to know St. Mary MacKillop, who as a great Australian woman, was recognised by the Church as a Saint... a role model for all people.

2018 TERM DATES

Term 1-Thursday 1

February-

Thursday 29 March

Term 2-Monday 16 April-

Friday 29 June

Term 3-Monday 16 July-

Friday 21 September

Term 4-Monday 8 October-

Wednesday 19 December

Upcoming Events

Wednesday 21 February

Parent Teacher Conversations

1pm-6pm

Thursday 22 February

Parent Teacher Conversations

3.45pm-6pm

Wednesday 28 February

Penance Sacramental Family

Night- Year 3 Families.

7:00pm

Friday 2 March

Whole School Photos-See

Flyer

Monday 5 March

Whole School Photos-catch

up day-See flyer

Parent Teacher Conversations

We look forward to having you meet with your child's classroom teacher this week. These meetings are very important in building your relationship with your child's classroom teacher. The information you will provide will in turn, support building the teacher's relationship with your child. Years 1 to 6, if you have not booked an appointment on the Parent Portal, please do so immediately.

Reminder: School finishes at 12.30 pm tomorrow. If you have not responded on Caremonkey or returned a paper slip to let us know what your after school arrangements are, please do so as soon as possible.

I trust we all have wonderful week of learning.



Anthony McCluskey
Principal

THE WISDOM OF ST. MARY MACKILLOP

In each Newsletter, I will provide a quote from the writings of St. Mary MacKillop. Mary was an extensive letter writer to the sisters within her congregation (Sisters of St Joseph of the Sacred Heart, or the Josephites as they were known). She also wrote many letters to her family.

These wonderful words of wisdom provide us with much to reflect on... I know they inspire me in my personal life.

"Today God has been so good to me." (14.06.1874).

More Important News

PARENT ENGAGEMENT

Icy Pole Days

We will provide icy poles to all children whose parents have signed a permission slip for their child to have an icy-pole. We have received 600 permissions, so we are still short around 15 permissions.

Tuesday 6 March

Confirmation Family Night
7:00pm

Monday 12 March

Labour Day Public Holiday

Tuesday 13 March

School Closure Day for
Teacher Development

Thursday 15 March

Sacrament of Penance at
7pm

Thursday 29 March

End of Term 1. School
finishes at 1pm

Parent Engagement

Easter Raffle-

We will be holding a raffle at the end of term. We are asking for donations to go towards the prizes. From Easter eggs, baskets, Easter soft toys, Easter story books etc...

Please send all donations to the office.

A call for volunteers:

please see Kellie.

A meeting to be scheduled

Mother's Day Stall

A call for volunteers:

please see Kellie.

A meeting to be scheduled

Hotdog Day-To be advised

Pie Day-To be advised

If you have not already signed, check CareMonkey or drop into the office to collect a hardcopy form.

We will notify you on a Monday, via Skoolbag, the days icy poles will be available that particular week. We will then contact volunteers who have put their name forward to assist.

We are simply trying to provide a treat for your children on some warm days, to assist in keeping them hydrated and giving them a necessary sugar hit to keep their energy up in the warm weather.

Thank you to the 25 volunteers who have put their name forward to assist.

We appreciate your engagement in the life of our school.

MICHAEL GROSE... PARENTING IDEAS

I will publish some relevant articles from Michael Grose, **Parenting Ideas**, as I come across them. I trust that they might provide you with some support as you navigate your way through the task of parenting your child.

FIVE WORDS TO AVOID IF YOU WANT YOUR KIDS TO CO-OPERATE

BY MICHAEL GROSE

I have noticed that there are five very common words that invite resistance rather than co-operation, from children who are termed (whether rightly or wrongly) 'strong-willed', 'stubborn' or 'know their mind'.

These five words to avoid are:

- **Must:** "You *must* be on time!"
- **Never:** "You should *never* be rude to your teacher."
- **Always:** "You should *always* clean your teeth before bed."
- **You:** "*You* need to go to bed now!"
- **Don't:** "*Don't* yell at your brother."

Here is an explanation and some alternatives as well:

'**Must**', '**Never**' and '**Always**' are absolute terms which invite resistance from those children and young people who do not like to be told what to do. *If you have more than one child, there is a good chance you have one of these children.*

Continued over the page...

Replace absolute language with **moderate alternatives** that do not back kids into a corner.

- *"Please be on time"* rather than "You must be on time."
- *"It's best to be polite to your teacher"* rather than "You should never be rude to your teacher."
- *"Clean your teeth before bed"* rather than "You should always clean your teeth before bed."
- **'You':** Instead of telling your child what to do, let your child know what you will do. It is a subtle but powerful shift. For example:
- *"I'm saying good night now"* rather than "Go to bed now."
- *"I'll put the meal on the table when it's set"* rather than "Set the table!"
- *"I'm driving you to school at 8.30"* rather than "Get ready by 8.30."

NB: You need to follow through if this is to be an effective use of language.

'Don't': Avoid ending an instruction on a negative as it only drives the negative behaviour deeper into the sub-conscious mind of your child. Saying "Don't yell at your brother" will ensure that your child will keep yelling again and again. Instead say the behaviour you'd like in positive terms. For example:

- *"Speak quietly to your brother"* rather than "Don't yell at your brother."
- If you can't eradicate "Don't" then develop the habit of ending on a positive. For example:
- *"Don't yell at your brother. Speak quietly."*

Your choice of words makes a huge difference in terms of getting co-operation from more challenging kids.

Of course, some parents believe that their kids should always do as they say so their language is peppered with absolutes and negatives, which invites resistance from some kids. Family-life continues to be a battle between these parents and their children.

If this is the case for you then maybe your attitude as well as your language needs a little tweak and review.



	Always	Indoor Learning Areas	Outdoors	In the Community	Digital
I am Responsible	<ul style="list-style-type: none"> • I speak and act politely • I move around in a safe manner • I follow staff members' instructions 	<ul style="list-style-type: none"> • I am prepared for learning • I stay on task • I work co-operatively 	<ul style="list-style-type: none"> • I know where and how to play in each area 	<ul style="list-style-type: none"> • I look after my belongings • I stay with my group • I follow the rules of the place where we are visiting 	<ul style="list-style-type: none"> • I treat ICT equipment with care • I follow the rules in the ICT agreement • I will only access sites online that I am happy to show my teachers, class and family
I am Respectful	<ul style="list-style-type: none"> • I use equipment for its purpose • I let someone know if something is unsafe • I am in the right place at the right time 	<ul style="list-style-type: none"> • I use whole-body listening • I allow others to learn • I show patience • I listen to all opinions • I use an appropriate voice when I am inside • I enter and exit learning areas calmly 	<ul style="list-style-type: none"> • I move to the line calmly and on time • I keep the school grounds clean and take care of the environment • I follow the rules of the game 	<ul style="list-style-type: none"> • I listen to the leader who is speaking • I display courtesy to others 	<ul style="list-style-type: none"> • I will only post items online that I am happy to show my teachers, class and family
I am Resourceful	<ul style="list-style-type: none"> • I seek assistance when needed 	<ul style="list-style-type: none"> • I give it a go and keep on trying • I use what's around to help me 	<ul style="list-style-type: none"> • I seek solutions to problems • I share space with others 	<ul style="list-style-type: none"> • I look for and follow community expectations 	<ul style="list-style-type: none"> • I access a variety of sites and technologies to support my learning
I am Safe	<ul style="list-style-type: none"> • I use good hygiene practices • I wear my correct school uniform 	<ul style="list-style-type: none"> • I put resources away when I am finished with them • I sit when I eat 	<ul style="list-style-type: none"> • I walk in passive areas • I am SunSmart 	<ul style="list-style-type: none"> • I obey road, bus and pedestrian safety rules 	<ul style="list-style-type: none"> • I report anything that makes me feel uncomfortable • I keep passwords and personal information private

We Never See A Need Without Taking Action.

SPORTS NEWS



St Mary Mackillop Swimming Trials 2018

On Tuesday February 13, we had our 2018 swimming carnival try outs. It was really exciting when we first arrived and sat down in our shaded area, ready to start the competition.

We started off with our 50m freestyle, where everyone who tried out swam incredibly. Breaststroke followed from this, as well as our lunch break. After we re-energised our bodies we had our backstroke and butterfly events, which proved challenging for us all!

At the end of the competition we were allowed to have some free play time in the pool, which was really fun!!

Well done to all those who competed and we wish all the swimmers who made it through to the next phase all the very best!

Written by Jules Putrino (6 Blue) & Jessika Jacobsen (6 Green)

Interschool Sports

Round One of Year 5/6 Interschool Sports occurred on Friday 16th February. Students travelled by bus to Mackellar Primary School and competed in either:

- Football
- Teeball
- Soccer
- Netball
- Hot Shots

Those who were not offsite for a sport were back at school in Sportsclub, participating in either bowling, soccer or modified games in the hall.

Congratulations to all for a fantastic start to the Season One Sports.

Upcoming Sports Events

Round Two Interschool Sports (MMKD vs. Overnewton Taylors Lakes) – **Friday February 23rd**

Sydenham District Swimming Carnival – **Tuesday March 6th**



Year One PMP

Week One PMP:

Our Year One Perceptual Motor Program (PMP) recommenced for Term 1 on Thursday 15th February. All students were really excited to come in to the new PMP room in our multi-purpose space and continue with their stations.

Students participated in four different stations, each allowing students to develop their skills of balancing, climbing, crawling, two-handed bounce, bunny hopping, monkey crawling and more!

The purpose of PMP is to develop the child, rather than the skill they are performing. It aims to develop student's perceptions and understandings of themselves and the world, through movement and motor experiences.

A huge thank you to our parent helpers for your constant support and assistance. The program would not be as successful without you.

I am really excited to be teaching PMP and look forward to the year ahead!

Corinne Clarke



**ORDER
YOUR SCHOOL
PHOTOS ONLINE**
with easy payment
options including
zipPay

**TO
ORDER
PHOTOS**

Visit
WWW.ARPHOTOS.COM.AU

Order before
11.59pm on
4/03/2018

My School Code: 1803SM247



CAN'T ORDER ONLINE? RETURN ORDER FORM TO ARP



EASY ONLINE ORDERING - www.arphotos.com.au

FAMILY VALUE PACKAGE - \$36



1 - 25 x 18 cm portrait, 2 - 18 x 13 cm portraits, 4 - 7.5 x 5.5 cm portraits,
1 - 18 x 13 cm B&W portrait, 1 - personalised 25 x 18 cm family calendar,
+ HIGH RESOLUTION digital image download when photos ordered online.

FAMILY STANDARD PACKAGE - \$28



1 - 18 x 13 cm portrait &
4 - 7.5 x 5.5 cm portraits

FAMILY PORTRAIT - \$24



1 - 25 x 18 cm portrait

NEW
BIGGER SIZE
in 2018

EXTRAS - Available ONLINE

A large range of extra items are available including,

- Enlargements and extra prints
- Black & white prints
- Digital portrait downloads
- Calendars & Bookmarks

****Remember - to ensure a family photo is taken on photo day, your order must be placed BEFORE photo day.**

All prices shown include GST. Money-Back Guarantee on photo products (not including digital image) Details available at www.arphotos.com.au

NOT ABLE TO ORDER ONLINE? If you are not able to place your order online, please print this flyer, complete all details required and return with correct payment directly to Arthur Reed Photos.

Student Name		Class/Homeroom	
Parent/Guardian Name		Mobile /Contact Phone Number	

I wish to order FAMILY VALUE PACKAGE FAMILY STANDARD PACKAGE FAMILY PORTRAIT PACKAGE

Payment Cheque Credit Card Total Cost of this FAMILY photo order \$

(Downloadable form available online)

Students to be included in family photograph

Name		Class		Name		Class	
Name		Class		Name		Class	



ORDER YOUR SCHOOL PHOTOS ONLINE
 with easy payment options including zipPay

TO ORDER PHOTOS

Visit **WWW.ARPHOTOS.COM.AU**

Order before 11.59pm on **15/03/2018**

My School Code: 1803SM247

All orders received after the cut off date will incur a late fee of \$14.95.

 CAN'T ORDER ONLINE? RETURN ORDER FORM TO ARP

 **EASY ONLINE ORDERING - www.arphotos.com.au**

All prices include GST

A PARENT'S CHOICE PACKAGE - \$59



1 - Personalised photobook, 1 - Larger size 25 x 20 cm portrait with border, 1 - Larger size 25 x 20 cm B&W portrait with border, 2 - 18 x 13 cm portraits, 2 - 15 x 10 cm portraits, 1 Personalised Bookmark, 3 - Wallet size portraits, 1 Personalised photo stickers, 1 - Group photo + **HIGH RESOLUTION digital image download when photos ordered online.**

NEW PACKAGE in 2018

DIGITAL COPY WITH ONLINE ORDERS

D STANDARD PACKAGE - \$37

3 - 18 x 13 cm portraits
 3 - 8 x 5 cm portraits
 4 - 4 x 2.5 cm portraits
 1 - Group photo (design nominated by school)

E BASIC PACKAGE - \$32

1 - 18 x 13 cm portrait
 1 - Group photo (design nominated by school)

G GROUP PACKAGE - \$25

1 - Group photo (design nominated by school)

B DELUXE PACKAGE - \$52

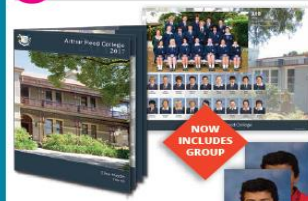
BEST VALUE



1 - Personalised photobook, 1 - Larger size 25 x 18 cm portrait, 1 - 18 x 13 cm B&W portrait, 4 - 18 x 13 cm portraits, 3 - 8 x 5 cm portraits, 4 - 4 x 2.5 cm portraits, 1 - Group photo + **HIGH RESOLUTION digital image download when photos ordered online.**

DIGITAL COPY WITH ONLINE ORDERS

C PHOTOBOOK + - \$42



1 - Personalised photobook
 2 - 18 x 13 cm portraits +
 1 - Group photo

NOW INCLUDES GROUP

Extras available online include,

- Enlargements and extra prints
- Black & white prints
- Digital portrait downloads
- Calendars, Bookmarks
- Photobooks &
- Stickers featuring portrait images

FAMILY Discounts and LATE ORDERS are only available online.

Can't ORDER ONLINE?

If you are not able to place your order online, please print this flyer, complete all details required and return with correct payment directly to Arthur Reed Photos.

Money-Back Guarantee on photo products (not including digital image) - full details online

Student Name	Class/Homeroom
Parent/Guardian Name	Mobile /Contact Phone Number

I wish to order package A B C D E G

Payment Cheque Credit Card TOTAL COST of this school photo order \$

If payment for other students is included, please list their names

Name	Class	Name	Class	Name	Class

Saint Mary MacKillop Primary School



Enrolment Year 7, 2020

Enrolment Information Evening
Wednesday 21 March, 2018 at 7pm
For parents of students in Grade 5, 2018
Bookings not required

2018, Term 1 Tour

Wednesday, 21 February at 9am
Bookings required
Phone: 9361 5900
Email: office@crcnk.vic.edu.au



Catholic
Regional College
North Keilor

2018
THE YEAR OF

Faith

1c Santa Monica Drive Keilor Lodge VIC, Phone 9361 5900, www.crcnk.com.au



Outside School Hours Care Program

We warmly welcome back our existing families to the Outside of School Hours Care (OSHC) program and look forward to getting to know our new families joining the program in 2018.

This year we will once again keep you updated in the school newsletter as to what we are doing and what we will be doing throughout the term.

This week we settled back into the Before School Care (BSC) and After School Care (ASC) program and welcomed our new children to the OSHC program. We all set goals for ourselves, drew self portraits and started a friendship wall. We discussed the importance of Dental Hygiene and spoke about keeping ourselves healthy and about being safe.

Please remember if your child has Asthma, Anaphylaxis or a Medical Condition the OSHC staff need to know. Parents need to provide the OSHC program with a 2018 Medical Management Action Plan.

We hope everyone has a great week.

From the OSHC Team.



Please remember to SMS :

Mary Giacchi on 0450 211 909 before 11.00am all bookings and cancellations.

Mary Zambara - 0478 746 370 regarding accounts.

CANCELLATIONS AFTER 11.00 AM WILL INCUR A FULL FEE CHARGE.