



e-NEWS



IMPORTANT DATES

2017 Term Dates

Term 4

10 October-20 December

2017-Term 4

Monday 6 November

School Closure-Report Writing

Tuesday 7 November

Melbourne Cup Day-No School

Monday 20 -

Wednesday 22

November

Year 4 Camp-Mt Evelyn

Wednesday 13

December

Christmas Carols Night from 7.00 pm

Thursday 14 December

Year 6-Big Day In

Friday 15 December

Last Day for Year 6 at 1.00pm

Year 6 Graduation at 7pm in the Church

Wednesday 20

December

Last Day for Year P-5 at 1.00pm

Dear Community,

On Sunday, the Church celebrated Mission Sunday. Pope Francis reminds us of the 'heart of Mission'.

"The Church's mission, directed to all men and women of good will, is based on the transformative power of the Gospel. The Gospel is Good News-for it contains and offers the life of the risen Christ who, by bestowing his life-giving spirit becomes for us the way the truth and the life."

We ask that the power of the Spirit continues to blow over St. Mary MacKillop Primary School and make our school grow as a place of Good News, transforming the life of our community.

At our School Assembly on Monday, we prayed this simple prayer written by a child:

Most Loving God
We thank you for everything you have done
And for giving us a heart that can love
Bless us with your Holy Spirit and help us go through challenges with courage
We hope you will always be beside us
We need you to remind us of the right thing to do
Help us to trust in you and strive towards being more like Mary

I include an article on Managing Social Media. I also include some directives regarding hairpieces. Thank you for your support and cooperation.

Have a good term everybody.

Anthony McCluskey
Principal

*The wisdom of
St. Mary MacKillop*

*"God has always helped
me and I have more
than every cause to
trust in Him."*

10.3.1874

MANAGING SOCIAL MEDIA

It is getting increasingly difficult to extricate Mobile phones and iPad from our daily lives. We all seem to have access to these devices; even many of our younger children have access.



We are learning more and more about the dangers of overuse of these devices to our physical wellbeing. We now know that using these devices at bedtime can disrupt sleep. We are now learning about the effects many of the socialising apps can have on our wellbeing. The bullying or inappropriate comments and photos that young children are being exposed to can be detrimental to wellbeing.

But we can't simply ban access to devices; particularly as a child grows older. What we can do though is monitor your child's use of devices and focus on healthy socialisation, effective self-regulation and safety - helping them to make positive choices and exercise freedom and responsibility.

We should focus on **HOW TO BUILD GOOD HABITS**

Check your child's phone or iPad. Children should know you can ask for their phones and iPads and expect full access. While some parents take a hands-off approach because they want to respect their children's privacy, it's important to make the distinction between privacy and safety. 24-hour access doesn't mean 24-hour snooping. It means that a parent is still responsible for monitoring what a minor does online. It is not just what they put out there; it's also, what they're receiving. If you find something you don't like, talk to your child about why you find it inappropriate — and then ask them what they think. Once they verbalise their thoughts, it allows them the opportunity to think things through and come up with their own set of values.

Be app-savvy. If your child is on it, you should be too. At least try it out so you can have informed conversations about it. If your children know that you understand the social media they are using, they are more likely to come to you to talk about issues that arise.

Help children understand their 'why'. Inspire children to act out of internal motivation instead of fear by helping them build their own filter. Encourage your children to ask themselves 'Why am I picking up my phone or iPad. ? Am I bored, am I lonely, am I sad? Am I insecure?' Or 'Why am I posting this? Does this make me feel up or down?' This helps them make decisions that reflect their own values and choices and separate their online experiences from real-life ones. Asking themselves 'why' also slows down impulsive online communications, and encourages children to make smarter choices.

Set clear ground rules. Talk to your children about appropriate social media use before you give them a phone or allow them to download a new app. Clearly state rules and expectations, and stick with them as much as possible. This may include not putting anything online that you would not want your friends' parents to read (because several of them will); getting permission before downloading a new app; and checking phones into parents at bedtime.

Do a digital detox. Learn to be okay with being offline. Parents can start by modelling that behaviour: no phones at the dinner table, for example, or no checking texts while you are talking with your child. In addition, while most children will not admit it to their parents, when parents put restrictions on how much and when children can use technology, it can be a relief.

Acknowledgement: Ana Homayoun, author of Social Media Wellness: *Helping Tweens and Teens Thrive in an Unbalanced Digital World*.

I publish this amended article in an effort to support you as parents in dealing with the use of Technology in the home. I know I reflect on the material in this article and how it may impact on my grandchildren and what I can do to support them. I trust this article assists you.

SCHOOL UNIFORM-HAIR ACCESSORIES

I note there has been some confusion about what girls (and boys for that matter) are permitted to wear in their hair to school.

Whilst we had not been prescriptive in our School Uniform Policy, (available for view on our website), I have instructed that the appropriate amendments be made, to provide clarity and to avoid confusion.

"Hair ties, small bows, ribbons, headbands and scrunchies must be a shade of blue, black, grey or white"

(SMMPS School Uniform Policy 2017)

Are You Leaving Us?

Now that we are in the final term for the year, it is timely that we look forward to 2018 to ascertain our student numbers.

If you have a child/ren in Years Prep – 5 who will not be returning to St Mary MacKillop Primary School for 2018, please forward a letter/note to Mr Anthony D'Amico, Deputy Principal, advising us at your earliest convenience.

Alternatively, you can email us at: office@mmkeilordowns.catholic.edu.au

This will assist us with our classrooms, students and staffing requirements for the coming year.



MISSION AUSTRALIA
Early Learning
Centre Childcare & Kindergarten

We use **Storypark**
to involve you in your child's learning

Keilor Village Location - 26 Kennedy St

Enquire Today
t: 1800 757 343 w: maearlylearning.com.au

PARENTS & FRIENDS ASSOCIATION**UPCOMING EVENTS****TERM FOUR**

SAVE THE DATE!!! As seats are limited. Ladies Night: Wednesday 25th October 2017 Venue: Quatrefoils

Sausage Sizzle– Date to be confirmed

Hot Dog Day-16th November, 2017

Christmas Carols Night– Wednesday 13th December, 7.00pm until 8.30pm

REQUEST FOR CHRISTMAS RAFFLE PRIZES

We will once again be holding our annual Christmas Raffle which will be drawn on the Carols Night. To help make the raffle a great success we hope to have many great prizes on offer. If there are any families in the school who have small businesses and are able to donate any of their goods or services as prizes, it would be very much appreciated. In return, your business will be promoted in the e-NEWS which is read by our school community. Please leave your details at the office if you are able to assist. Thanking you in advance.

St. Mary MacKillop Primary School is Fundraising with Entertainment Books!

The brand NEW 2017/2018 Entertainment Hard Copy Books are no longer in stock. Digital memberships are just \$70 each and are packed full of great offers. Not only will you be receiving amazing discounts to a variety of venues and restaurants, but you will also be helping our school. St Mary MacKillop P.S. will receive 20% of all membership sales! If you would like to order your digital membership, just visit www.entbook.com.au/9127y31



Catholic
Regional College
North Keilor

Key Dates and College Tours

Year 7, 2019

Year 7, 2019 - Key Dates**Wednesday, 24 May 2017**

Applications open

Friday, 25 August 2017

Applications close

Friday, 13 October 2017

First Round Offers posted

Friday, 27 October 2017

Final date for acceptance

*Application forms available at
College Office or www.crcnk.com.au*

**Term 3 Tours**

Thursday 17 August, 9am

Thursday 14 September, 9am

Meet the College Principal

Visit Learning Spaces

Chat with College Staff

Bookings essential

Please contact the College Office

Phone: 9361 5900

Email: office@crcnk.vic.edu.au

Tours run for approximately 1 hour





Outside School Hours Care Program

Dear Families and Care Givers,

Last week even though we saw the beginning of the warmer weather, it was too hot to take the children outside. Parents please ensure your child has a spare hat and sunscreen in their school bag for outdoor play. The hat does not have to be a school hat. The OSHC program practises the sun smart policy.

The morning sewing group have been busy on their projects. Some children have started a Christmas Table runner, others are working on a little embroidered cushion which they have designed and others are attempting a noughts and crosses game mat.

2018 Enrolment forms will hopefully be distributed towards the end of this week and will need to be returned by Friday 1st December. This will ensure a smooth start to the 2018 OSHC Program.

If you have made a casual booking for your child/children to attend the program it is vital that parents tell their children they will be attending the program. It is not the responsibility of the OSHC program to tell children they are coming to the program.

We hope everyone has a wonderful week. We thank everyone for their continued support.

From the OSHC Team.



Please remember to SMS:

Vicky Mamo/Mary Giacchi - 0450 211 909 before 11.00 am all bookings and cancellations.

Mary Zambara - 0478 746 370 regarding accounts. Thank you.

CANCELLATIONS AFTER 11.00 AM WILL INCUR A FULL FEE CHARGE.



OPEN DAY

*COME ALONG FOR A FREE ENERGETIC TRIAL SESSION,
INCLUDING DANCING, SINGING AND GYMNASTICS*



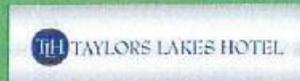
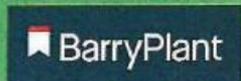
Date: Saturday 11th November

Venue: 583 Keilor Rd, Niddrie

10:30am - 11:30am 3 -10 year olds

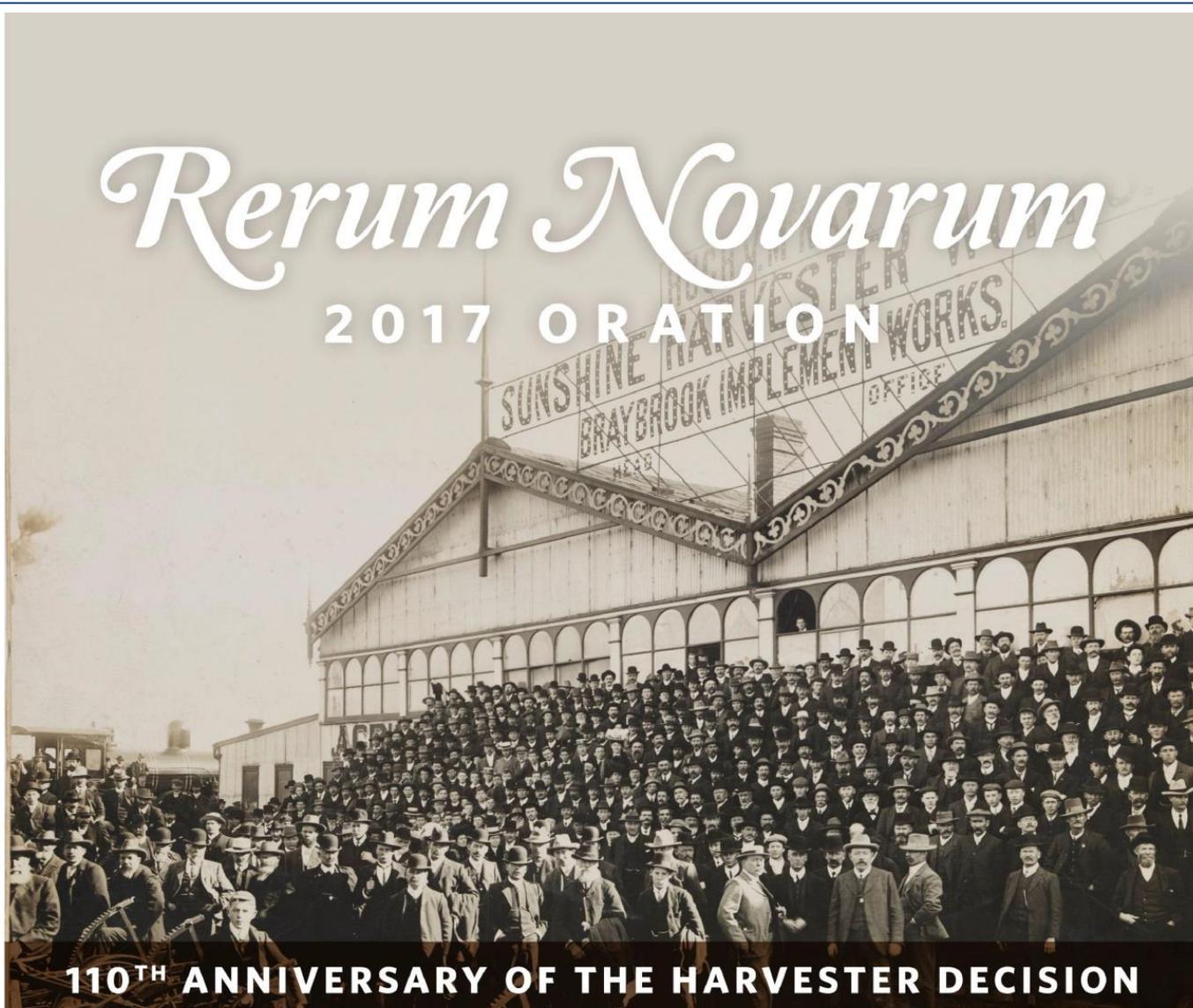
11:30am - 12:30pm 11-13 year olds

avondecalisthenics.com.au



Rerum Novarum

2017 ORATION



110TH ANNIVERSARY OF THE HARVESTER DECISION

The legacy of Justice Higgins

Seeking a True New Start for all Job Seekers and Workers

Wednesday 8 November 2017

7.00pm light refreshments

7.30pm start

Lecture Theatre, Cardinal Knox Centre
383 Albert Street, East Melbourne

ALL WELCOME

Inquiries/RSVP by Friday 3 November:

Mark Clarke • justice@cam.org.au • (03) 9926 5727

www.cam.org.au/justice

Orator

Fr Frank Brennan SJ AO

Jesuit priest Fr Frank Brennan has been a long-time advocate for human rights and social justice in Australia. He currently holds the position of Chief Executive Officer of Catholic Social Services Australia. Frank is an adjunct professor at the Australian Centre for Christianity and Culture. He is also the superior of the Jesuit community at Xavier House in Canberra. He is, and always has been amplifying the voice of conscience, especially the voice of those who are marginalised.



Approved by Catholic Education Melbourne for teacher accreditation purposes (1.5 hours). Category C.



australian girls choir



Join us in 2018



Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

Melbourne Open Day – Sunday October 29!

Now accepting 2018 enrolments for school-aged girls at our rehearsal venues in: Berwick, Box Hill, Caulfield, Cheltenham, Essendon, Ivanhoe, Kew, Ringwood and Yarraville.

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